

School/Day Care Checklist

Print, complete, and discuss this checklist with your child's teacher or school nurse to help make sure your child gets the right support.

- YES NO **1. Is the school or day care free from tobacco smoke?**
- YES NO **2. Is the school or day care well ventilated and free from things that can make asthma worse, such as:**
 - Cockroaches
 - Mold
 - Classroom pets with fur or feathers
 - Strong odors or fumes from arts-and-crafts supplies, perfumes, or cleaning supplies
- YES NO **3. Are there guidelines in place to care for children with asthma?**
- YES NO **4. Is someone present (a nurse or staff member) to help children take their medicine?**
- YES NO **5. Is there an emergency plan, including contact numbers, for each child with asthma?**
- YES NO **6. Is someone making sure your child can safely participate in physical activities?**

If the answer to any of these questions is **No**, talk to you child's teacher or school nurse to help make the setting as asthma-friendly as possible.

