

Questions to ask your doctor

The questions below can help you start a meaningful conversation with your doctor. Feel free to add any of your own questions to the list below and share a printout with your doctor.

- ❖ **What are my asthma treatment goals?**
- ❖ **Am I using my rescue inhaler too often?**
- ❖ **Can a daily controller medicine help prevent my asthma symptoms?**
- ❖ **How often should we review my Asthma Action Plan?**
- ❖ **Additional questions:**

For more asthma resources, please visit ASTHMyths.com.



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